



All schools in Pennsylvania are required, by state law, to have completed health records on file for each student. Schools are randomly audited to determine a school's compliance to these health laws. We need your cooperation in order to meet this responsibility.

- Kindergarten - Dental & Physical exam with updated vaccines (2nd dose of MMR & varicella) for Kindergarten.
- 3rd grade - Dental exam
- 6th grade - Physical exam report (updated vaccines MCV & Tdap are required by 7th grade, after age 11)
- 7th grade - Dental exam
- 11th grade - Physical exam with updated immunizations

These exams are required 3 times during school years. The timing correlates with periods of rapid growth and maturing.

TRANSFER STUDENTS (NEW TO PCS) regardless of grade must have a copy of all health forms on file at PCS. You can request your child's prior school mail PCS their health records. Otherwise, a recent physical or dental is required.

The required forms can be found in ParentsWeb/Family Portal under "Resource Documents". Since they are PA Department of Health forms, your medical/dental office should also have them.

Please email/mail these forms to the appropriate school during this school year or over summer break before August 15th.

Also, **UPDATE** any **allergies** or **health concerns** in ParentsWeb if any health changes occur during the school year!

If your child is prescribed ANY medication that may need to be given during school hours such as, an Inhaler, Epipens, Benadryl, lactaid pills, special lotions or any antibiotics, the physician must write an order. They can complete a PCS "Medication Dispensing Form" (found in Resource Documents in ParentsWeb) or they can use electronic forms, as long as it states the school nurse can administer during school hours. *We cannot administer prescribed medications without a physician's order so please keep that in mind to ask at Well Visits for ongoing medications or sick visits.

Students with Food allergies and Asthma will also require the doctor to complete an **Allergy Action Plan or Asthma Action Plan**. Please drop off all medications to the nurse office to be kept at school and for field trips.

BASIC FIRST AID:

School nurses have standing orders from the Central Bucks School District physician to treat with basic first aid during school hours. This includes Neosporin, first aid cream, A&D ointment, lotion (chapped lips/skin), Caladryl or Benadryl gel (itchy skin/bug bites), visine eye drops, eye wash, antacids/tums, cough drops and anbesol for sore teeth/gums.

Parents can give permission by selecting "YES or NO" in their child's medical information in ParentsWeb for the school nurse to administer **Tylenol or Motrin** if needed for pain/headache during the school day.

Thank you for helping me safely and effectively care for your child.
Please email me any questions or concerns.

Jessica Clarke, RN

Plumstead Christian School

Lower School Nurse

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